

# Tooele Tri KIDS TRIATHLON

Friday, June 24, 2022 @ 6:00 p.m.  
Pratt Aquatic Center  
(55 N. 200 W., Tooele, Utah)



## Registration Information

The Tooele Tri Kids Triathlon is open to 80 youth ages 6 to 12 years of age. There is a race fee of \$15 for the first child and \$10 for each additional child in the same family. A race shirt will be included with the race fee if registered by May 30, 2022.

Register online at [tooelecity.org](http://tooelecity.org). Registration will be open until June 20th at midnight or until slots are filled. Register today and start training!



Please contact Tooele City Events at [terras@tooelecity.org](mailto:terras@tooelecity.org) or at (435)843-2142 if you have any questions.



## RACE OVERVIEW

The Tooele Tri Kids Triathlon is a swim, bike, run race. There are 3 age groups for both boys and girls.



6-8 AGE GROUP: **50 YARD SWIM**

9-10 AGE GROUP: **100 YARD SWIM**

11-12 AGE GROUP: **150 YARD SWIM**



**5K  
BIKE**

ALL AGE GROUPS



**0.7 MILE  
RUN**

ALL AGE GROUPS

The Tooele Tri Kids Triathlon is professionally timed by [runnercard.com](http://runnercard.com). The top three finishers in each age category for boys and girls will be awarded trophies. All finishers will receive a medal.



# Race Day Timeline

## **4:30-5:30 p.m. Race Check In:**

Racers should check in with a parent/guardian at the Park Pavilion. You will be given a race bib along with safety pins. Please attach the bib number to the front of your shirt. At this time you will also have your race number written on your arm.

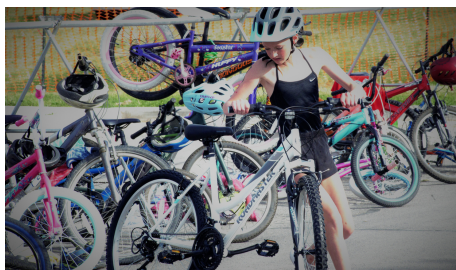
During this time you will need to rack your bike in the transition area. You will choose a spot in the transition area to rack your bike. All of the items that you will need for the race should be left in your space. Items you will want to leave in the transition area include: bike, helmet, towel, shoes, socks, and shirt with your number on it. You may also consider a pair of shorts and a water bottle. (There will be water stations at the turn around point of the bike and running routes of the race.) Be sure to leave yourself plenty of time to check in and prepare for the race.

## **5:30 p.m. Race Orientation:**

Racers and parents must attend this mandatory orientation. Race directors will go over the rules, race route, and explain how the race will proceed.

## **6:00 p.m. Race Begins:**

The race will begin with swimming. Racers will be lined up in groups in the swim start area. The 11-12 year age group will be started first. When the pool is cleared the 9-10 year age group will start. The 8 and under will go last. Please be sure that you are with the appropriate age group to start.



## **Post Race and Awards:**

At the end of the race each child will receive a Finish Medal. There will be snacks for race participants. After all participants have finished the race, times will be tabulated. An awards ceremony will be held to recognize the top three finishers in each age group for both boys and girls.

## **RULES AND PRECAUTIONS**

### **Safety First:**

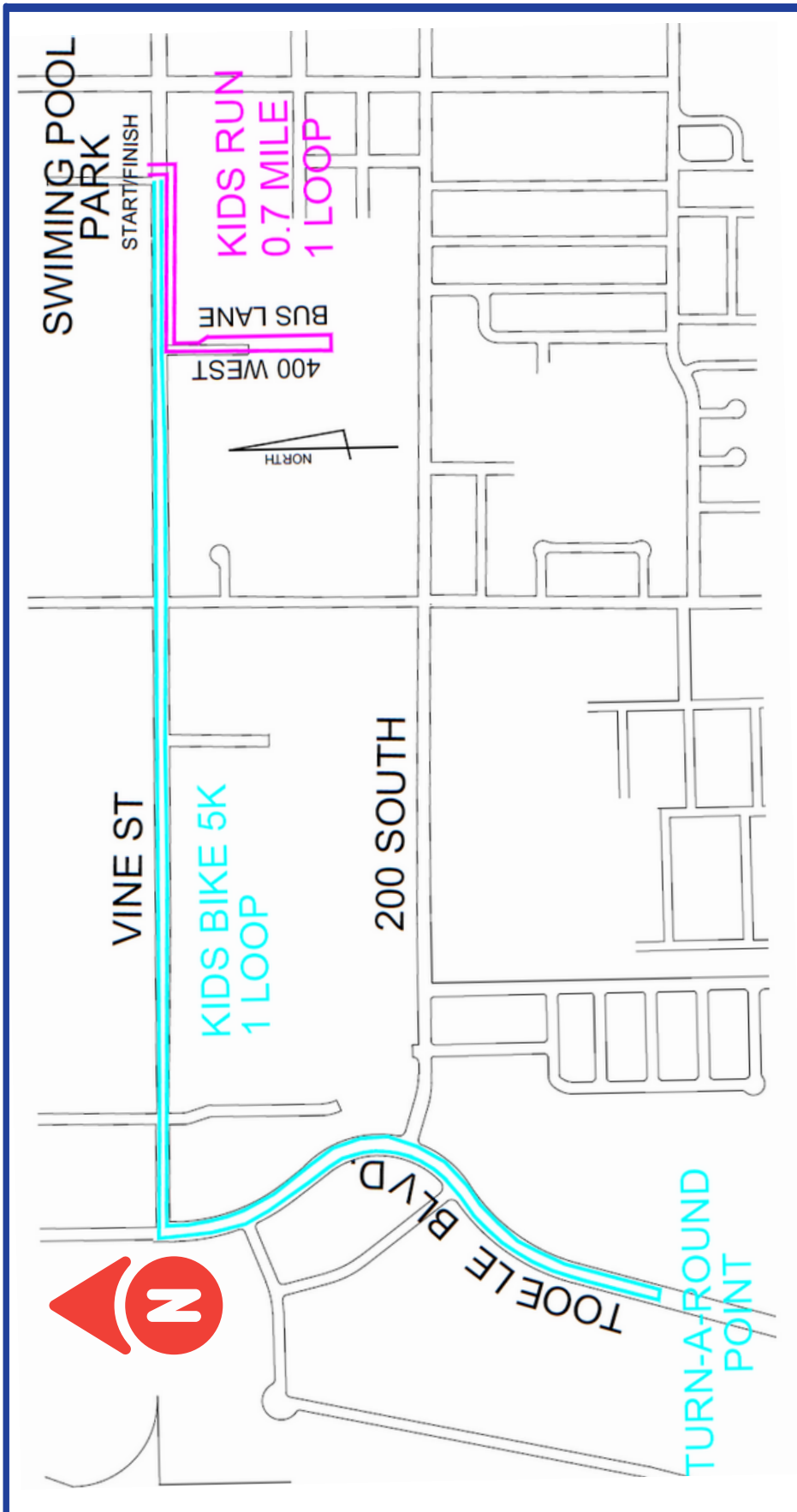
1. Participants must enter the water feet first.
2. There is NO RUNNING in the pool area.
3. Bike helmets must be worn and buckled during the bike portion of the event. Racers will not be allowed to leave the transition area for the biking portion without his/her helmet on and buckled.
4. When entering and exiting the transition area participants must walk their bikes. You should push your bike completely out of the transition area before mounting, as this area is very congested. Upon returning into the transition area you need to dismount your bike before entering.
5. Participants must be able to complete the bike route, that is open to traffic, without assistance.
6. Participants need to ride their bikes along the right side of the road, not down the middle allowing traffic to pass.
7. The use of headphones, radios, and personal audio devices are strictly prohibited during the bike and run.
8. Participants will be disqualified for safety violations.

### **You Also Need to Know:**

1. Only participants who are 8 and under will be allowed to wear life jackets during the swim portion of the race.
2. Swimming aids such as, but not limited to, snorkels or fins are not allowed.
3. Participants must finish all three legs of the race to be eligible for trophies.
4. Race registrations are non-transferable and non-refundable.
5. Parents are NOT allowed on the pool deck, in the transition area during the race, or on the bike and running routes. Participants need to be able to complete the race without assistance. There will be volunteers to help if necessary.
6. Parents should make sure that participants are familiar with the race route in advance.
7. Parents are responsible to make sure that participants have enough water and stay hydrated.
8. Parents are encouraged to volunteer by emailing [terras@tooelecity.org](mailto:terras@tooelecity.org).
9. The Tooele Tri Kids Triathlon is a great way to introduce young athletes to triathlons. Join us as we cheer on all these amazing youth athletes.



# Tooele Tri Kids Triathlon Race Route 2022



**Swim:** The swimming portion of the race will be at the Pratt Aquatic Center. Once the participants has completed the correct number of laps for his/her age group he/she will need to exit the pool through the back door and patio area towards the transition area. (Please do not run in the pool area). Enter the transition area and ready yourself for the biking portion of the race.

**Bike:** As participants leave the transition area he/she needs to have a helmet on and buckled. Please remember to walk the bike out of the transition area. Participants will head south towards Vine Street. Then turn left and proceed west on Vine Street. Then turn left and proceed south on Tooele Blvd. Participants must reach the turn around point and proceed back on the same route to the transition area. Please remember to walk your bike into the transition area.

**Run:** As runners leave the transition area he/she will head south towards Vine Street. Follow the lane right as you travel west on the south side of Vine Street. Turn left and head south on 400 South. Runners must go around the turning point, then head north on the sidewalk towards Vine Street. Follow the sidewalk and turn right heading north on Vine Street. You will turn right and travel north across Vine street to finish at the Aquatic Center Park.

